

Labbate C.N.Y. Karate & Kobudo

Labbate's C.N.Y. Karate is a great place for kids to learn Karate. The owners and staff there are wonderful. The first time I took my son there I felt welcome. Karen Labbate was the first person to greet me and instantly made me feel at ease. I remember sitting there watching the class and admiring the way the instructors handled the kids. All the instructors were supportive to the kids. They treated them according to their needs. Some of the kids don't pick up on things as fast as others. The instructors would spend a little more time with them and help them catch up with the rest of the class. They were firm when they had to be but in a way that did not scare the kids. They did it in a way that the kids would listen to them and respect them. The staff made classes fun and educational. At C.N.Y. Karate they teach kids more than Karate. They teach them respect for themselves and others. They teach them to recognize danger and how to avoid it. They also teach them the history of Karate & kobudo and the Japanese language. My son has been with C.N.Y. for about 5 years and I have been there for almost all of his classes. I enjoy going to the dojo and watching the classes. When you are there you feel like a part of a family not a school. The staff makes you feel at home and goes out of their way to make you feel comfortable. They have events that keep the parents involved with the kids and each other. They also have events they call parents night out where they have fun with the kids and the parents can do what they need to. Sensei Labbate and his wife Karen treat everyone like family. They know everybody by name and they make time to talk to anyone who has a question or a problem. This is truly a family oriented school and I am proud to be a part of it. I can never say enough about the good that this school and staff have done for me and my family. I highly recommend them to everyone.

Arnold Silkworth